



**Southeastern District**  
**Senior high Winter retreat**

January 13-15, 2012

@Lake Placid Camp & Conference Center

Cost: \$85 per person (all-inclusive)

[refreshretreat.org](http://refreshretreat.org)

Meet at church 4pm Friday • Return at 4pm Sunday

Questions? (321) 356.7589

**Registration** please turn in w/ \$25 deposit by Dec. 14th!

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

**Waiver of Liability**

Parent/Guardian's name: \_\_\_\_\_

I, the parent or legal guardian of the student listed above, release Neighborhood Alliance Church and the Southeastern District of the CMA, together with the adults in charge, from from any and all claims resulting from injury or damage that may be sustained by my child while participating in the Refresh Retreat.

I have completed & signed the NAC Student Ministry Medical Release Card and affirm that its insurance, medical & contact info is up-to-date for 2012.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(parent or legal guardian)

## Stuff to Bring

- Bible & pen
- Clothes
- jacket or sweatshirt
- toiletries
- sneakers
- deodorant
- \$5-20 spending money (optional)
- Sleeping bag & pillow

**Please do NOT bring:**

- earphones for your iPod
  - Alcohol, tobacco, illegal drugs or weapons or any kind
- \*\*Plan on your phone being off most of the weekend.

**We're staying at:**  
Lake Placid Camp & Conference Center

**Emergency Contact:**  
Laura Slezak  
(321) 356.7589